

## Tool #4 – Personal Empowerment



**Did you know that you are a strong and deserving individual who can achieve anything?**

- Yes
- No

**Remind yourself by physical writing these following statements:**

**1. *“I am a strong and deserving individual who can achieve anything”.***

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**2. *“Nothing is impossible because I have everything I need within me”.***

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**Are you ready to embrace your Personal Empowerment?**

- Yes
- No

**If yes, how?**

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**If not, why?**

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